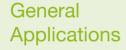
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Annual Report figures at a glance

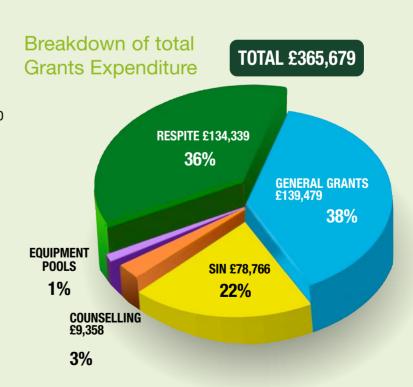
Direct Charitable Expenditure		10,893 UP 22%
Total Net Assets	£10,1	70,220 UP 4%
	2014	2013
	£	£
Direct Charitable Expenditure	410,893	321,413
(Deficit)/Surplus	(60,989)	16,466
Realised (Losses)/Gains on Sales of Investments	(10,469)	151,481
Unrealised (Losses)/Gains on Valuation of Investments	499,107	892,492
Total Net Assets at 30th September 2014	10,170,220	9,742,571



Equipment Pools 10
Communication Aids 2
Respite 4

Total 35 (Last year 44) 16 accepted 17 unsuccessful

2 deferred



Chairman's Report

FOR THE YEAR ENDED 30 SEPTEMBER 2014

President: A H Frost

Directors: C Hayward MBA (Chairman)

P W E Fitt FCA (Company Secretary)

Dr. N J Busfield MA, PhD

Dr M P Hickman MB B.Chir DCH

A W Livesley LI.B M F Pertwee BA (Hons) Dr. T P Rudra MBBS FRCP E. Thrower DipCOT MHCPC

Administrator: Stephanie Grant

Development Officer: Rodney Appleyard BA (Hons)

Although last year, we had thought we would have the AGM a little earlier than April, feedback from those attending last year and circumstances have ensured that it is April again! However, once again, it is a pleasure to reflect on the past year and on the developments which have taken place.

2013-14 has been another successful year for Colchester Catalyst Charity in terms of grant giving and the increased number of exciting developments with which we have been able to become involved. By means of continued prudent investment, we have also been able to increase our grants for the financial year 2014-15.

The funding for charitable organisations remains, in my view, a maze. I must pay tribute to Rodney, in liaison with CVS Tendring and Colchester CVS for helping the Board understand more about how the criteria for funding, grants and healthcare provision are decided and communicated. With continued cuts in statutory funding, charities have to be extremely dedicated and flexible, as well as having the person-power to find their way through this web .

In pursuing our strategy for 2013-14, the Board has looked for, not only individual charity grant applications, but also for new developments, where Catalyst could match-fund, encourage partnerships, kick-start or boost money raising for bigger ventures. You will read, from Stephanie's and Rodney's reports about some of the exciting projects we have helped to fund, with the resultant benefits to some of the most vulnerable members of our society. The workshops held in September in Tendring and Colchester, were also part of this strategy. Different



charities came together with us, the two CVSs and other funders to look at the bigger picture of need in Tendring and Colchester, with a view to identifying gaps in provision, exploring how different groups could work together, how funding could be provided and seeing how Catalyst could help with this. This work is ongoing. Rodney is always available to help with discussing ideas and how they can be formulated into good applications for the Board to consider.

In June 2014, the Catalyst office moved to Dedham because of the impending closure of Catalyst



House. We were sad to leave colleagues in Catalyst House and unhappy that there was not the vision to build on the investments we had made in the building and its resources, most especially the Independent Living Centre.

We are glad that constructive working relationships continue with our partners there and must thank them for all their support whilst we were co-tenants.

The move was handled very smoothly by Stephanie, Wendy and Rodney, with no disruption to our service. This is one example where the fine team at Catalyst work so well individually and together to pursue and develop the aims of the Charity with a passion. The Board's continued thanks go to them all.

I must also thank the Board for their continued wisdom, guidance and all the time they give to the Charity. Joan Busfield has joined Max Hickman on the Counselling Special Individual Needs Committee. Elizabeth Thrower, who has worked with Colchester Catalyst Charity for many years on the Special Individual Needs Committee and has also been an Honorary Member because of this, has joined the Board and I hope that this will be ratified at the AGM.



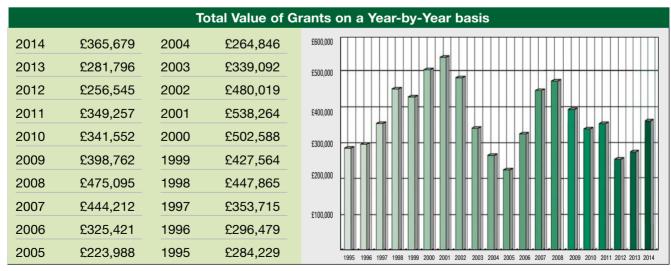
Liz, who is an Occupational Therapist by profession, brings a wealth of experience with children's services and her skills will be very useful, as we become more involved with services provided for younger people.

Thank you, too to colleagues who work with us on Respite Care and Special Indiviual Needs. Their advice and work is invaluable.

Our aim to help relieve the sick and suffering by making a positive contribution to the improvement of healthcare in North East Essex, remains at the heart of what we do Mistley Kids Club have recently joined the Catalyst Respite scheme. They provide an after school and holiday club for children with additional social, emotional and medical needs. They accept children within the age range of 4-16 (up to 19 if they have special needs).

and drives all our decisions and planning. We cannot do this without the continued good relationships with all our partners and our members - all the different groups with whom we work. Thank you, also, to all of you.

Christine Hayward



Independent Auditor's Report

TO THE TRUSTEES OF COLCHESTER CATALYST CHARITY

We have audited the financial statements of Colchester Catalyst Charity for the year ended 30 September 2014 set out on pages 16 to 22. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practice).

This Report is made solely to the Charity's Trustees as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the Charity's Trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and its Trustees as a body, for our audit work, for this Report, or for the opinions we have formed.

Respective responsibilities of Trustees and Auditors

As explained more fully in the state of Trustees' responsibilities, the Trustees are responsible for the preparation of accounts which give a true and fair view.

We have been appointed Auditors under section 144 of the Charities Act 2011 and report in accordance with regulations made under Section 154 of that Act. Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the accounts

An audit involves obtaining evidence about the amount and disclosures in the accounts sufficient to give a reasonable assurance that the accounts are free from material misstatement, whether caused by fraud or error. This includes an assurance of: whether the accounting policies are appropriate to the Charity's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Trustees; and the overall presentation of the Accounts. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on accounts

In our opinion the accounts:

- give a true and fair view of the state of the Charity's affairs as at 30th September 2014 and of its incoming resources and application of resources for the year then ended:
- have been properly prepared in accordance with United Kingdom Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information in the Trustees Report is inconsistent in any material respect with the accounts; or
- sufficient accounting records have not been kept; or
- the accounts are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Rachel Skells

BA FCA (Senior Statutory Auditor) for and on behalf of

Whittle & Co Chartered Accountants Statutory Auditor Whittle & Partners LLP Century House South North Station Road Colchester Essex CO1 1RE

Dated: 27th January 2015

Whittle & Co is eligible to act as auditor in terms of Section 1212 of the Companies Act 2006.

defined projects. This year we have

considered a variety of good

Administrator's Report

FOR THE YEAR ENDED 30 SEPTEMBER 2014

Since Catalyst became a grant making charity in 1990 nearly 8.5 m has been given in grants. This is my fifth Administrator's report for Catalyst and we continue to work closely with a small dedicated team comprising Rodney Appleyard, our Development Officer, Wendy Larkin, Administrative Assistant and myself. We all feel very happy and privileged to be working for the Catalyst Charity, by bringing help to those people who fall outside the remit of the statutory bodies.

During the year, the Catalyst Trustees considered 35 General Applications from various organisations in our area of operation, of which 16 (46%) were successful. Nearly £140,000 was spent on general grants (£107,000 last year).

The overriding aim of the Catalyst Charity is to provide support where it will benefit the greatest number of people by making direct contributions to organisations for specific and well

applications and have made a positive and on-going contribution to the improvement of healthcare within the community of North-East Essex. opment strative It is also our intention to work with groups and to encourage them to

It is also our intention to work with groups and to encourage them to seek match funding from other organisations and our grants often act as a catalyst to release such funding.

With this in mind we were pleased to make a grant of £30,000 to the Mistley Kids Club for the extension and reconfiguration of Mistley Village Hall. This group offer excellent quality, safe and fun childcare and respite for children and carers over a wide area who need support and respite. Our grant, which unlocked other substantial donations, enabled the Mistley Kids Club to expand the services they offer to children that





An equipment pool item was bought for North East Essex Wheelchair Services, it is a ZipZac Chair, being used first by Tommie Jeakins.

have additional needs such as Downs, Autism, ADHD, epilepsy and Cerebal Palsy. They are now able to offer extended after school care each week day and all day during the school holidays.

Our grant of £8,548 to MS-UK funded training equipment at Joseph's Court in Colchester and provided people affected by Multiple Sclerosis with the opportunity to exercise using specialised equipment, under the supervision of highly trained staff. Many of the clients that use Joseph's Court who are wheelchair users have found that regular exercise has beneficial effects on their condition giving them more control over movement and less spasm and pain.

We made a grant of £20,000 to Lexden Springs School. Lexden Springs is a state school for children with special needs between the ages of 3 and 19 years. There are 120 pupils at the school who have a broad range of difficult conditions making it impossible



LIMITED BY GUARANTEE



for them to attend mainstream schools. Our grant enabled the school to equip a new playground with equipment comprising a mixture of that normally found in play parks, but also more robust as there are some students whose physical size outstrips their mental ages, and specialist equipment for those who are physically unable to use normal structures.

Another exciting new venture was the grant we made to Kingswode Hoe School for their Bikeability project. We made this group a grant of £10,000 to fund a course called Bikeability. The Kingswode Hoe School is a day special school in Colchester for pupils with moderate and complex learning disabilities.

Bikeability gives older pupils the opportunity to ride a bike. This can present problems as many of the children have co-ordination problems and have not managed to learn to ride a bike. Bikeability consists of three levels, including basic control of the bike, supervised road cycling experience on short journeys, and also

longer trips out, and cycle maintenance and repair.

We were delighted to make a grant towards the cost of equipment for Autism Anglia at their therapy suite based at the Doucecroft School. Speech and Language Therapists and Occupational Therapists work alongside these children to provide personal interactive tuition. The use of i pads has a mass of applications that can benefit this group of youngsters and are much more accessible and affordable in comparison to Augmentative and Communication devices.

Another grant we made was to Bright Lives. They aim to provide high quality services that promote achievement and inclusion, through art, crafts and music within the wider community. We made this group a grant of £7,813 towards the cost of a sensory room which could help those with multiple learning disabilities connect with the environment around them by providing opportunities to activate all their senses and provide a fun and

On excercise bikes being used at St Josephs Court funded by Colchester Catalyst



meaningful experience as well as providing a calming atmosphere.

We made a grant of £13,500 to the Stepping Stones Play and Learn Group to provide early intervention for disabled children aged 2 and under and support for their parents/carers within the special needs Tots Group and the nursery itself. This will be achieved by helping parents to communicate with their child with aids such as Makaton and PECS and to leam behaviour management techniques to reduce stress levels when dealing with challenging behaviour.

Other grants included a contribution to the Royal Association for the Deaf towards workshops and a grant to Essex Sight for equipment for their new Resource Centre in Colchester. We also made a grant of £10,000 towards the cost of a new minibus for the Halstead Day Centre.

We continue to support counselling services and this accounted for over £9,000 during 2013-2014.

Special Individual Needs (SIN) grants continue to be an important part of our work. There were 229 applications and 192 were successful. Once again the vast majority of grants provided mobility equipment for those who could not obtain it from statutory providers. We continue to work in partnership with the Neuro Rehabilitation Unit at Colchester General Hospital to bulk purchase 3 and 4 wheeled walkers which they distribute as necessary. We also work in partnership with North East Essex Wheelchair Services and have an arrangement with Anglian Community Enterprise to part fund childrens' sleep systems.

In January 2014 Adrian Livesley, one of Catalyst's Directors, stepped down from his position of Chair of the SIN committee and this role has now been taken over by Christine Hayward. We were also pleased to welcome a member of North East Essex Wheelchair services to the SIN Committee.

We regularly receive letters and cards of thanks from individuals and their carers who are so grateful for the help provided – our SIN scheme clearly conforms with Catalyst's criteria of using our funds to help relieve the sick and suffering in North-East Essex.

The Catalyst respite scheme continues to represent the largest part of our budget and in the year 2013-2014 £134,339 was spent on arranging short term respite care. This scheme allows full-time carers to have a break from their caring duties. We work in partnership with about a dozen care organisations, listed on the inside front cover of this report. Our partners are trained as assessors, and each organisation has an agreed annual budget. We monitor the activity and meet together as a group twice



The Catalyst Charity's website

each year.

We spent £3,737 on Equipment Pool Equipment in 2013-2014. These came in as Special Individual Needs requests and were deemed as equipment that could be passed on to another applicant when no longer needed. In most cases these are items of childrens' equipment and will be maintained by the North East Essex Wheelchair Services. In June we moved to new offices in Dedham at the Dedham Vale Business Centre. The move went very smoothly and we have successfully maintained our links and good working relationship with our partnership organisations. In September we held two successful workshops. The first in Colchester with presentations from CCVS, Grassroots, Essex Community Foundation and Colne Housing. Brainstorming sessions produced some new interesting ideas for new projects. The second workshop forum

was held in Clacton. There were presentations from CVST and we considered the particular needs in Tendring and how these could be addressed.

In communicating Catalyst's activities our website

www.colchestercatalyst.co.uk provides a wealth of information about our services and grants in addition to having links to partner sites providing advice, support and services to help improve healthcare in North East Essex. Application forms for General and Special Individual Needs grants are available to download from the site, as well as copies of past Annual Reports together with a regularly updated news section. We also produce a quarterly electronic Update Newsletter.

Finally I would like to take this opportunity to thank all my colleagues, Catalyst's Chairman Christine Hayward, Peter Fitt, Company Secretary, the Board, Development Officer Rodney Appleyard, assistant Wendy Larkin and our partner charities and organisations for all their help, support and encouragement during the past year.

Stephanie Grant

General Applications from Organisations							
Year Ending	30/09/14	30/09/13	30/09/12	30/09/11	30/09/10		
From Organisations	35	44	34	51	38		
Successful	16	21	17	21	26		
Unsuccessful/withdrawn	17	16	14	21	10		
Deferred	2	7	3	9	2		
Special Individual Ne	eds Applic	cations					
Year Ending	30/09/14	30/09/13	30/09/12	30/09/11	30/09/10		
From Individuals	229	218	185	223	272		
Successful	192	185	142	177	234		
Unsuccessful/withdrawn	20	23	40	37	26		
Deferred	17	10	3	9	12		

Main Grants & Donations over £1000

1ST OCTOBER 2013 - 30TH SEPTEMBER 2014

Organisation	Project	Amount
Mistley Kids Club	Extension to Village Hall	£30,000
Lexden Springs School	Playground Equipment	£20,000
Stepping Stones Play & Learn Nursery	Early Intervention	£13,500
Kingswode Hoe School	Bikeability	£10,000
Halstead Day Centre	Minibus	£10,000
Autism Anglia	Therapy Suite	£10,000
MS-UK	Equipment	£ 8,548
Bright Lives	Sensory Room Equipment	£ 7,813
Autism Anglia	Suite of ipads	£ 6,367
Essex Sight	Equipment	£ 6,000
Royal Association for the Deaf	Workshops for the Deaf	£ 5,000
The Invicta Foundation	Respite for Carers	£ 3,000
Happy Days Childrens' Charity	Respite for Children	£ 1,810
Paediatric Rehab Team	Sleep System Assessment Kit	£ 1,191



Mistley Kids Club

The Mistley Kids Club has received the remaining £50,000 for the project we supported recently.

A recent article about the project

The following local caring organisations receive funding from the Colchester Catalyst Charity for the provision of respite breaks for carers and their families.

Colchester Gateway Club - 01206 867415

Colchester Carers' Centre - 01206 560997

Crossroads Care Tendring & Colchester

- 01255 860960

Essex Carers' Support - 01255 474410

Halstead Day Centre - 01787 476253

Headway Essex - 01206 768797

Mistley Kids Club - 07809 176252

MS Respite - 01255 820025

Parkinson's UK Colchester - 0844 225 3616

(local rate)

Parkinson's UK Clacton - 0844 225 3778 (local rate)

SCOPE - 01206 764633

Tendring Eldercare - 01255 432132

Tendring Specialist Stroke Services - 01255 815916

Terence Higgins Trust East - 01206 798595

Development Officer's Report

FOR THE YEAR ENDED 30 SEPTEMBER 2014

As Christine mentions in her report, we are delighted to have supported a number of exciting health related projects between 2013-2014, which have improved the lives of many vulnerable people in North East Essex.

Last year was also special for us because we consulted closely with community groups in Colchester and Tendring through our workshops to discuss the biggest health needs in the area and how they could be tackled.

These workshops have already been very productive and we are now in the process of developing many of the ideas identified during these informative sessions.

One of the biggest projects we supported last year involved awarding £20.000 to pay for specialist playground equipment at Lexden Springs School, which cares for children with severe learning difficulties.

The Lexden Springs PTA did an extraordinary job of combining their unique set of professional skills together to raise the £100,000 needed for this project. Donations and grants were given by local businesses and other grant-givers. It really was an inspiring example of grassroots fundraising at its best.

The specialist equipment included a roundabout, swing, a bubble tunnel and a wave bridge, all designed specifically for disabled children, which have already made a big difference to the happiness and well-being of the school's children.



Additionally, we were delighted to have awarded a grant of £30,000 to Mistley Kids Clubs, which also provides support to a large number of special needs children. These funds have been spent on refurbishing the Mistley Village Hall (where the Kids Club is currently based), expanding its playground, creating a new wet room and setting up a new storage area to keep its toys.

We provided this grant under the condition that Mistley Kids Club requested a longer lease at the village hall. The team was successful with its negotiation of extending the agreement from a short-term lease to a more secure 15-year arrangement.



We awarded Bright Lives a grant of £7,813 to buy a sensory room at its base inside the Abbots Activity Centre. Bright Lives is a Social Enterprise that supports users with learning disabilities to lead more independent and content lives through a series of

Launch of Tendring Eldercare (formerly Family Support Clacton)

Family Support Clacton relaunched themselves recently as Tendring Eldercare. They are based at the Clacton Coastal Academy in Jaywick Lane and their aim is to "relieve elderly people resident In Tendring who are In need by providing services or facilities including respite care."



Our funds also helped to unlock an extra £50,000 from the Maltings Trust, which covered the rest of the costs needed to pay for the £90,000 redevelopment of the facilities. Both of these projects are perfect examples of how we like to work with other funders and partners to maximise funding opportunities for high quality projects that can support people in need within the area.

Additionally, we awarded a grant

of £7,813 to Bright Lives, which has been used to set-up a new sensory room. This room is open to many other community organisations within the area. We also bought iPads for Autism Anglia and helped the charity to

programmes tailor made to improve their well-being. The sensory room is available to other individuals and groups within the area who are eligible to use the service.



Bright Lives new sensory room



Sir Bob Russell MP meets staff and visitors at the Bright Lives Open Day



set-up a new therapy suite. Plus the Colchester Prosthetic User Group was also given £10,000 to help set-up two new rehabilitation walking tracks on unused ground within Colchester Hospital. This grant was supported by a £38,402 grant from Central Government.

The new tracks will help amputees, fall victims and people recovering from strokes to learn how to walk on different surfaces, so they can build up the strength to become more independent.

Another interesting project involved supporting Stepping Stones with a £13,500 grant to launch a new outreach project that will help families with their children under the age of two who have special needs. This specialist service is currently not supported by the statutory bodies.

Finally, we would like to extend a big thank you to CCVS and CVST for helping to facilitate our first ever workshops in Colchester and Tendring.

We identified many new gaps in provision, including the need to help many different groups of people, such as children with complex needs who do not currently receive sufficient care; adults with learning disabilities who need respite care and the opportunity to learn new independent living skills; and couples who would like respite care opportunities to enjoy days out together, in addition to be taken care of separately.

Over the course of this year, we will consult closely with other funders, who have similar objectives to



Tendring Specialist Stroke Services Carers' Respite Breaks 2014

The first event this year was a Pamper Day which took place at Great Bentley Village Hall.

The day started with everyone being collected from their doors. Many people said they particularly enjoyed this as everyone was immediately into the spirit of the day.

Coffee and cakes were provided on arrival and very soon the carers started to enjoy their chosen therapies. They were able to choose two of the following: - manicure, pedicure, hot stone massage, aromatherapy, reflexology, facial and Chinese facial. Whilst waiting their turn everyone was able to sit and chat with their friends and enjoy an unlimited supply of coffee and tea. Lunch with wine was served from noon onwards and thoroughly enjoyed by everyone.

Emma and her team from The Great Bentley Retreat transformed one of the rooms into an oasis of calm and tranquillity. Four therapy beds were provided with dimmed lighting, soft, gentle music and the wonderful aroma of therapy oils.

The day ended with everyone floating out of the door on a scented cloud of euphoria saving what a wonderful day it had been.

ourselves, to explore matchfunding opportunities to address some of these needs, as well as new ideas that come our way.

We are looking forward to reporting back next year about some of the projects we have managed to help get off the ground.

As always, we welcome new ideas all of the time, so please do get in touch if you have a project in mind that you would like us to look into further.

Rodney Appleyard



100,000 Smiles appeal for a new playground at Lexden Springs School for disabled children

Colchester Prosthetic User Group



We provided a grant of £10,000 towards the cost of building two new rehabilitation walking tracks on unused land inside the Colchester General Hospital. The Colchester Prosthetic User Group also managed to raise a further £38,402 from Central Government, through a relationship developed by Graham Facey (Chair of the Colchester Prosthetic User Group, pictured left). The purpose-built walking track gardens will assist amputees, people recovering from strokes and those hospitalised by falls, as part of their rehabilitation programmes following operations at the hospital. The patients will use it to build up the strength in their legs before they return back into the community.

Work in progress on the new purpose built walking track

Graham Facey, Chair of the Colchester Prosthetic User Group:

"I would like to thank Catalyst for all of the encouragement and support the charity offered to the User Group throughout our long journey of seeking funding. I have to say that at times, if it was not for the input, encouragement and support from the Board, I and my committee would have pulled the plug on the project as not once

but twice we lost major funding offers. But you and the Board encouraged us that it was still possible. Although Catalyst could not offer full funding, they

saw that the project had life in it and that they would be prepared to set the ball rolling. After a series of discussions and the provision of advice, the charity offered us the starter of £10,000, which gave us the lift and spring board we so desperately needed to unlock additional

Catalyst lived up to its name in the role that it played in the "100,000" Smiles appeal at Lexden Springs School in Colchester. Catalyst committed to the project early in the process and provided the largest amount from the corporate and charitable trust donations.

In just over a year the appeal raised £100,000 to pay for a purpose-built playground at the school which cares for children with severe learning difficulties and other conditions. The youngsters, aged between four and 19, have a range of disabilities including autism, physical problems and behavioural issues. Play is vital to their development and well being but the school was lacking good outdoor play facilities.



The new playground at the school in Halstead Road has state of the art equipment including swings and a roundabout designed for disabled children, including wheelchairs users. The colourful play area also offers sensory stimulation from a bubble tunnel, wobble board, wavy bridge and wavy mirror. The playground was fully installed during the 2014 summer holiday so it was a fantastic surprise

for the pupils when they returned after their break. They loved it, and still do.

funding."

Catalyst committed £20,000 in the first months of the appeal as one of the earliest as well as largest donors. This provided huge momentum to the appeal and motivation to the team who were able to believe that the dream for the children could become a reality.

'On behalf of the PTA I would like to thank Catalyst sincerely for the support which we received and I am delighted to report that with your generous support we have made a very significant improvement to the already excellent experience of the pupils.'

Andrew Fullerton Trustee, Lexden Springs Appeal Fund

Trustees' Report

YOUR TRUSTEES PRESENT THEIR REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2014

Constitution and Origins

The Company is limited by guarantee (number 634588), governed by a Memorandum and Articles of Association and is a Registered Charity (number 228352).

At 30th September 2014 there were 40 members.

Registered Office: 3 Dedham Vale Business Centre, Dedham, Colchester CO7 6BL

Colchester Catalyst Charity became a grant making charity in 1990 following the sale of the Colchester Oaks Hospital, in Oaks Drive, to Community Hospitals PLC. The sale was conditional on Community building a new hospital, to an agreed high specification, by 1994 - this was done and the new Oaks Hospital off Mile End Road was opened in January 1994.

With the agreement of the Charity Commissioners the Directors decided to devote the income, from the invested funds resulting from the sale 'for the relief of the sick or suffering of North East Essex'.

The Charity is administered by a Board of Trustees.

Trustees

The following persons being Directors of the Company held office as Trustees since 1st October 2013:

C Hayward MBA Chairman

P W E Fitt FCA Company Secretary

Dr N J Busfield MA, PhD

Dr M P Hickman MB B.Chir DCH

A W Livesley LI.B

M F Pertwee BA (Hons)

Dr T P Rudra MBBS, FRCP

E Thrower (appointed 2nd September 2014)

Administrator and Assistant

S Grant & W Larkin

Development Officer

R Appleyard BA (Hons)

Relevant Organisations

Bankers: National Westminster Bank,

Colchester

Solicitors: Birkett Long LLP, Colchester

Accountants: Peter Fitt Chartered

Accountants, West Mersea

Auditors: Whittle & Co., Chartered

Accountants, Colchester

Appointment, Induction and Training of New Trustees

Nominations for the appointment of new Trustees are made based on the established knowledge and experience of the candidate and on the likely contribution that the candidate may make to the work of the Charity. All Trustee appointments are subject to election at an AGM and all Trustees are subject to re-election at an AGM every three years.

Trustees are provided with appropriate information and guidance on induction; no other formal training is provided to Trustees.

Objectives and Activities

The objective of the Charity is the relief of the sick or suffering of North East Essex. The Trustees confirm that they have referred to the guidance contained in the Charity Commissions general guidance on public benefit when planning its future activities and setting the grant making policy for the year.

Details of the Charity's activities and achievements during the year are set out in the Administrator's Report.

Grant Making Policy

The Charity's detailed grant making criteria are set out elsewhere in this report. All applications for grants are considered by Trustees and are formally approved. An annual grants budget is set by the Trustees.

Investment Policy

The investment policy is determined by the Trustees, with the benefit of external advice, after considering income requirements, risk profile and stock market prospects in the short and medium term.

LIMITED BY GUARANTEE

Reserves Policy

The Trustees have adopted a policy of endeavouring to retain sufficient funds to maintain the Capital Reserve as at 30th September 1989 adjusted for inflation. The Capital Reserve as at 30th September 2014 required by this policy amounted to £10,328,293 (2013-£10,205,823). It is intended that this policy will be adhered to for the foreseeable future whilst recognising that there may be temporary shortfalls in consequence of fluctuations in stock market values.

Risk Statement

The Trustees confirm that the major risks to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate these risks.

Financial Results

The results are shown in the financial statements of which the following is a summary:-

	2014	2013
	£	£
Direct Charitable Expenditur	e 410,893	321,413
(Deficit)/Surplus	(60,989)	16,466
Realised (Losses)/Gains on Sales of Investments	(10,469)	151,481
Unrealised Gains on Valuation of Investments	499,107	892,492
Total Net Assets at 30th September 2014	10,170,220	9,742,571

Plans for Future Periods

The Trustees plan for the foreseeable future to continue making grants with a view to making a positive contribution to improving care of the sick or suffering of North East Essex.

Trustees' Responsibilities

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources, including income and expenditure for the financial year. In preparing those financial statements, the Trustees should follow best practice and:-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Company will continue on that basis.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditors

Whittle & Partners LLP - practising as Whittle & Co. has indicated its willingness to continue in office and will be proposed for reappointment in accordance with section 485 of the Companies Act 2006.

Statement of Disclosure to Auditor

- (a) So far as the Trustees are aware, there is no relevant audit information of which the Company's Auditors are unaware; and
- (b) they have taken all steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the Company's Auditors are aware of that information.

By Order of the Board

P W E FITT
Company Secretary

Dated: 27th January 2015



Statement of Financial Activities

FOR YEAR ENDED 30TH SEPTEMBER 2014

	NOTES	2014 Unrestricted Funds £	2013 Unrestricted Funds £
Incoming Resources Investment Income		363,044	251 696
Subscriptions, Donations etc		1,266	351,686 298
Subscriptions, Donations etc			
Total Incoming Resources		364,310	351,984
Resources Expended			
Charitable Activities			
Charity Support Costs	11	45,214	39,617
Grants and Donations	13	365,679	281,796
		410,893	321,413
Governance Expenditure	12	14,406	14,105
Total Resources Expended		425,299	335,518
Net (Outgoing)/Incoming Resources		(60,989)	16,466
Gains/(Losses) on Investment Assets			
Realised		(10,469)	151,481
Unrealised		499,107	892,492
Net Movement in Funds		427,649	1,060,439
Fund Balances brought forward at 1st October 2013		9,742,571	8,682,132
Fund Balances carried forward at 30th September 20	14 9	10,170,220	9,742,571

Income and Expenditure Account FOR YEAR ENDED 30TH SEPTEMBER 2014

			2014		2013
	NOTES	£	£	£	£
Income from Investments			363,044		351,686
Subscriptions, Donations etc			1,266		298
Total Income			364,310		351,984
Charity Support Costs	11	45,214		39,617	
Management and Administration	40	14,406		14,105	
Grant and Donations	13	365,679		281,796	
			-		
Total Expenditure			425,299		335,518
(Deficit)/Surplus for the year	9		(60,989)		16,466
(2 3) 23. p. 60 101 1 906.	J				

Statement of Total Recognised Gains and Losses

FOR YEAR ENDED 30TH SEPTEMBER 2014

	2014 £	2013 £
(Deficit)/Surplus for the year	(60,989)	16,466
Realised (Losses)/Gains on Sale of Investments Unrealised Increase in market value of investments	(10,469) 499,107	151,481 892,492
Total recognised Gains relating to the year	427,649	1,060,439

Balance Sheet

AS AT 30TH SEPTEMBER 2014

	NOTES	£ £	2014 £	٤	2013 £
FIXED ASSETS					
Investments Programme Investments	4	10,066,927		9,608,966	
(Charitable Loans)	6	10,300	10,077,227	12,300	9,621,266
CURRENT ASSETS			10,077,227		9,021,200
Cash at Bank	8	172,944 1,411		214,679	
Debtors & Prepayments	0	174,355		214,679	
CREDITORS		174,000		214,079	
Amounts falling due within one year	7	81,362		93,374	
NET CURRENT ASSETS			92,993		121,305
NET ASSETS			10,170,220		9,742,571
RESERVES					
Unrestricted Capital Fund	10		10,170,220		9,742,571

The Financial Statements have been prepared in accordance with Part VII Companies Act 2006 in relation to small companies.

Approved by the Board on 27th January 2015

C HAYWARD

DIRECTORS

P W E FITT

Notes to the Financial Statements

FOR YEAR ENDED 30TH SEPTEMBER 2014

1 Accounting Policies

Basis of Accounting

The financial statements have been prepared under the historical cost convention, as modified by the inclusion of fixed asset investments at market value, and in accordance with the provisions of the Companies Act 2006, the Statement of Recommended Practice (SORP) Accounting for Charities March 2005 and applicable accounting standards.

Exemption has been taken from preparing a cash flow statement on the grounds that the Company qualifies as a small company.

Income

Donations are accounted for when received by the Charity. Other income including income tax recoverable is accounted for on an accruals basis as far as it is prudent to do so.

Tangible Fixed Assets

The tangible fixed assets are stated in the Balance Sheet at costs less aggregate depreciation written off to date. Freehold properties held as investments are stated at market value.

Quoted Investments

Quoted investments are included at quoted saleable value as at the close of business on the balance sheet date, any surplus or deficit arising on such valuation is carried to Capital Fund.

Grants and Donations Payable

Grants and donations payable are recognised as expenditure when the grant is approved.

Gifts in Kind

The Charity receives the benefit of work carried out by volunteers. No value is placed on this in the financial statements.

2 Taxation

The Company is a charity and is not liable to Corporation Tax on income. It is entitled to receive certain types of investment income without deduction of Income Tax at source.

Expenditure includes where appropriate irrecoverable Value Added Tax.

3 Format of Financial Statements

In preparing these financial statements the arrangement, headings and sub-headings required by the Companies Acts have been adapted to suit the special nature of the Company's activities.

Notes to the Financial Statements continued 4 Investments at Market Value		2014		2013
4 investments at Market value		Market		Market
	Cost	Value	Cost	Value
Quoted Investments	£	£	£	£
Charifund			4 050 450	0.050.040
215,873.403 Income Units	1,850,158	3,112,312	1,850,158	2,956,948
Charishare 645,830.368 Income Shares	1,364,659	3,235,610	1,364,659	3,118,069
Newton Investment Management Managed Portfolio	-	-	2,271,629	3,533,949
Newton Growth Fund for Charities 660,381.216 units	482,171	683,627	-	-
Newton Growth & Income Fund for Charities 2,974,110.955 units	1,748,311	3,035,378	-	-
Total Investments	5,445,299	10,066,927	5,486,446	9,608,966
Investment movements in year		2014 £		2013 £
Quoted investments				
Market Value brought forward		9,608,966		8,296,019
Disposals at carrying value Net gain on revaluation		(3,533,949) 916,173		(1,132,849) 892,492
Additions		3,075,737		1,553,304
Market value carried forward		10,066,927		9,608,966
Freehold Property held as investments				
Market Value brought forward		-		413,376
Additions		-		6,885
Disposals at carrying value		-		420,261
Market Value carried forward				
Total Investments				
Market Value carried forward		10,066,927		9,608,966
5 Programme Investments		2014		2013
3		£		£
Charitable Loans				
SCANS		8,000		10,000
Individual loan		2,300		2,300
		10,300		12,300

LIMITED BY GUARANTEE

6 Creditors: falling due within one year	2014	2013
Accruals	£ 12,050	£ 11,950
Other Creditors	273	5,263
Grants Approved not yet paid	69,039	76,161
and the second s	·	
	81,362	93,374
7 Debtors and Prepayments: falling due within one year	2014	2013
	£	£
Payments in advance	1411	-
	1411	-
8 Surplus/(Deficit) for the Year	2014	2013
is stated after charging:	£	£
Auditor's Remuneration	3,460	3,350
and after crediting: Dividends and Interest Received	262.061	251 696
Dividends and interest neceived	363,061	351,686
9 Unrestricted Capital Fund	2014	2013
·	£	£
Balance as at 1st October 2013	9,742,571	8,682,132
Gains/(Losses) on Investment Assets		
Realised	(10,469)	151,481
Unrealised	499,107	892,492
Transfer (from)/to Income and Expenditure Account	(60,989)	16,466
Balance as per Balance Sheet	10,170,220	9,742,571
40 leasure and Europeditum Assessed		
10 Income and Expenditure Account	2014 £	2013 £
Balance as at 1st October 2013	-	_
(Deficit)/Surplus for the year	(60,989)	16,466
Transfer (from)/to Capital Fund	(60,989)	16,466
Balance as per Balance Sheet	<u> </u>	-
44 Obsailte Commant Conta	0014	0010
11 Charity Support Costs	2014 £	2013 £
Salaries	34,718	33,679
Employer's National Insurance	787	1,562
Relocation Costs	4,065	- 1,002
Office Expenses	4,811	3,432
Publication & Website Costs	180	250
Miscellaneous	653	694
	45,214	39,617
Number of Employees	3	3
• •		
During the year the Trustees did not receive any remuneration or e	expense payments.	

Notes to the Financial Statements continued

12 Governance Expenditure	2014	2013
	£	£
Audit Fees	3,460	3,350
Accountancy	8,400	8,400
Sundries	2,546	2,355
	14,406	14,105
13 Grants and Donations	2014	2013
	£	£
Charities etc.	139,479	106,979
Special Individual Needs	88,124	65,768
Equipment Pools	3,737	=
Respite Care	134,339	109,049
	365,679	281,796

A detailed analysis of Grants and Donations made in the year is contained within the Administrator's Report.

14 Transactions with Related Parties

Included in these financial statements are the following amounts charged by professional firms and companies in which certain directors have an interest.

Director	Firm	Description of Transaction	Gross amount inc VAT	
			2014	2013
			£	£
P W E Fitt	Peter Fitt Chartered Accountants	Accountancy Fees and Disbursements	8,400	8,400
A W Livesley	Birkett Long LLP	Legal Fees and Disbursements	2,509	1,490

All transactions were conducted on an arms length basis. There were no other transactions with related parties during the year. At the year end the Charity owed P W E Fitt £8,600 (2013: £8,600); nothing was owed to Birkett Long LLP.

15 Financial Commitments	2014 £	2013 £
Operating leases which expire:		
Less than one year Between two and five years	4,050 1,080	-

Criteria for Grant making

Object

COLCHESTER CATALYST CHARITY

aims to help relieve the sick and suffering by making a positive and ongoing contribution to the improvement of health care within the community of North-East Essex specifically where help is not available from statutory organisations.

Policy

The over-riding concern of the Charity is to provide support where it will benefit the greatest number of people, principally by direct contributions to organisations for specific and well defined projects including therapeutic aids, equipment and buildings for medical or nursing care.

The Charity recognises the need of some disabled people for specialised equipment.

Where it is established that such equipment is not available from statutory

organisations a contribution may be made to the cost involved.

General funding or contributions to staff or other running costs are excluded but recognising the often overlooked needs of carers the Charity will consider funding respite care provided the care period is well defined, carefully controlled and readily monitored.

Where financial help is given the Directors will satisfy themselves that satisfactory management and organisation exists to ensure that the money is properly used and in the case of equipment, that it can be efficiently operated and maintained.

Support

In appropriate cases a grant or loan may be offered for full or part-funding of a project or equipment.

No form of retrospective funding can be considered.

List of Members AS AT 30TH SEPTEMBER 2014

President A H Frost

Directors		Members	
C Hayward	A Livesley	S Alexander	S Johns Green
N J Busfield	M F Pertwee	R Ashton-Grey	T J R Gordon
P W E Fitt	T P Rudra	S Avery	D E Lodge
M P Hickman	E Thrower	M Batty	D Lyons
WT THORITAIT		H Beckham	R Macaulay
		C Booth	K Miles
Hon Life Members	Other Honorary Members	V Downing	J A R Parker
		J W Eddy	M Perrins
R W Griffin	M Hart D Parnell C Perry	C File	M Robinson
E Hall		A Fossick	T Rudling
C F Pertwee		J Fulford	T L Thomas
B Walsh		P G Glossop	M Vernon
R W Whybrow		D Heather	M White
Tr vv vvilyblow		A Hudson	J Wright
		C Hughes	J Woodman
		C W Jarvis	

HOW TO FIND US

From COLCHESTER town centre

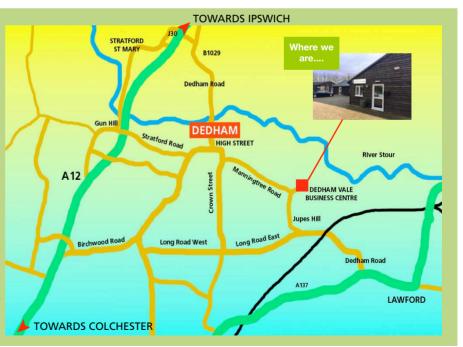
Take the A12 Ipswich Road going north and turn left at the 2nd Dedham exit signposted Dedham B1029. At the immediate T-junction turn right, following the road under the A12 and then right again at the T-junction signposted 'Dedham 1'. At Dedham High Street turn left then turn left again into Manningtree Road, signposted LAWFORD. The Business Centre is approximately one mile on the left.

From CLACTON

At the junction with the A12 take the third exit towards Ipswich and take the Ipswich Road going north. Turn left at the 2nd junction signposted to Dedham then follow the instructions as above.

From HARWICH

Follow the A137 and take Dedham Lane on the right towards Dedham just past the Kings Arms PH. After the low bridge turn right down Jupes Hill and we are about half a mile on the right hand side.



The Colchester Catalyst Charity, 3 Dedham Vale Business Centre, ManningtreeRoad, Dedham, Colchester CO7 6BL 01206 323420 email: info@colchestercatalyst.co.uk www.colchestercatalyst.co.uk