

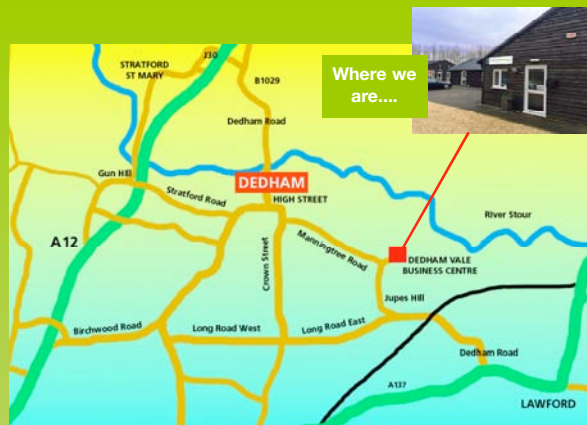
# Respite Care

We recognise the valuable role played in the community by carers of all ages who may be caring for a relative or friend.

In order to provide carers with a break from their daily routine the Catalyst Charity Respite Breaks Scheme provides support and advice.

Assessment of need is made in partnership with other local caring organisations and we are able to offer a choice of provision to cater for a variety of needs. To enable a carer to enjoy a break we may offer:

- A stay in a Residential or Nursing Home for the person being cared for
- Domiciliary help for a few hours per week or as other circumstances require
- Breaks for self-carers
- Befriending, practical support, or personal care
- Day breaks for couples



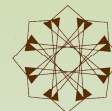
## How to apply or contact us

Advice and Application forms for Organisations or Individuals are available from the Administrator and we would encourage you to contact us if you are making an application.

**Colchester Catalyst Charity,  
3 Dedham Vale Business Centre,  
Manningtree Road,  
Dedham, Colchester CO7 6BL**

Telephone: 01206 323420  
Fax: 01206 323836  
E mail: [info@colchestercatalyst.co.uk](mailto:info@colchestercatalyst.co.uk)

*These forms are also available to download from our website [www.colchestercatalyst.co.uk](http://www.colchestercatalyst.co.uk)*



**colchester catalyst**  
charity

CHARITY NUMBER 228352

**colchester catalyst**  
charity



**Supporting the  
healthcare needs  
of the people of  
North East Essex**

Contact 01206 323420  
[www.colchestercatalyst.co.uk](http://www.colchestercatalyst.co.uk)



SEE US ON  
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**Enabling people of North East Essex with  
health needs to enjoy a better quality of life**

# What is the Colchester Catalyst Charity?

Colchester Catalyst Charity became a grant making charity in 1990 following its sale of the former Colchester Oaks Hospital.

With the funds from the sale and with the agreement of the Charity Commissioners, the charity resolved to devote the resulting income to support the many caring organisations working 'for the relief of the sick or suffering in North East Essex.'

We seek to help caring organisations or groups to improve the provision of services available to those with medical conditions or individuals with disabilities who live in North East Essex.

Although the Charity is unable to fund running costs, the Directors are always prepared to consider support for specific, well-defined projects or items of equipment for such groups.

**Enabling people of North East Essex with health needs to enjoy a better quality of life**

## Colchester Catalyst provide financial assistance for...

- **Local charitable organisations supporting people with medical conditions**
- **Special medical or mobility equipment**
- **Respite for carers of people with medical needs or disabilities**
- **Short term loan of disability equipment**
- **Assistance with communication aids or equipment to overcome sensory loss**
- **In these rapidly changing times, Catalyst are keen to promote joint-funding of larger projects**



## Help for Individuals

While it remains the intention of the Charity to provide support where it will benefit the greatest number of people, the need is often felt to give selective help to individuals. This help is usually given in the form of specialised equipment which is not provided by statutory organisations, either for reasons of policy or lack of resources.

Anyone with some form of special individual need could be considered for assistance in purchasing equipment which would alleviate their medical condition. Requests for assistance should be properly supported by a medical practitioner.

These items of equipment might include:

- Mobility scooters
- Special beds & mattresses
- Communication aids
- Specialist computer software
- Mobility aids
- Funding for counselling through our Partnership Groups

**Contact 01206 323420**